

EVALUATION: Helping Your Client Create Realistic Expectations DONA # 256

2012 Doula Services Association of British Columbia Annual Professional Education Workshop

Presenter: Kim James, CD(DONA), CD(PALS), ICCE, LCCE, BDT(DONA) Presentation Date: June 9, 2012

Overall satisfaction with this presentation 9.1	Not satisfied → Very satisfied 0 1 2 3 4 5 6 7 8 9 10
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Learning Objectives (Rate from 0 to 10. 0 = Not at all. 10 = Yes, definitely!)

1. I understand the relationship between happiness and realistic expectations. Before presentation 7.0 After presentation..... 9.4 Change: 34% increase	Not at all → Yes! 0 1 2 3 4 5 6 7 8 9 10 0 1 2 3 4 5 6 7 8 9 10
2. I understand the benefits of helping clients' create realistic expectations Before presentation 7.2 After presentation..... 9.2 Change: 27% increase	Not at all → Yes! 0 1 2 3 4 5 6 7 8 9 10 0 1 2 3 4 5 6 7 8 9 10
3. I understand the resources available for helping clients fill in knowledge gaps. Before presentation 7.1 After presentation..... 8.7 Change: 22% increase	Not at all → Yes! 0 1 2 3 4 5 6 7 8 9 10 0 1 2 3 4 5 6 7 8 9 10
4. I understand the factors that lead to long-term, satisfied childbirth memories Before presentation 7.1 After presentation..... 8.7 Change: 17% increase	Not at all → Yes! 0 1 2 3 4 5 6 7 8 9 10 0 1 2 3 4 5 6 7 8 9 10

What teaching methods increased your learning and understanding the most?

<input type="checkbox"/> Learning Task #1: Identifying client expectations 6	<input type="checkbox"/> Video scenes 10
<input type="checkbox"/> Learning Task #2: Identifying the benefits of realistic expectations 9	<input type="checkbox"/> Story telling 9
<input type="checkbox"/> Learning Task #3: Identifying my deliverables 9	<input type="checkbox"/> Question & answer 8
<input type="checkbox"/> Learning Task #4: Identifying my health locus of control & self-efficacy 10	<input type="checkbox"/> Large group discussions 5
<input type="checkbox"/> Case study & role play 1	<input type="checkbox"/> Small group discussions 4
<input type="checkbox"/> Lamaze Healthy Care Practices (Songs) 0	<input type="checkbox"/> Lecture 5

Was your presenter

	Not at all	Not really	OK	Yes	Definitely!
Knowledgeable ?				2	9
Well-prepared/organized ?				2	9
Relatable/ understood your needs ?			1	3	7
Clear & understandable?				3	8

Your experience with this presenter: Please comment on the presenter's style. What was her impact on your learning?

Excellent – Just the right amount of information. Pacing appropriate.

Her style is so tangible. There was variety that kept you interested. Her knowledge and experience is invaluable.

I had a bit of a hard time connecting where we were in our notes to what was being presented on the screen.

She was very knowledgeable, approachable and engaging as a presenter.

Just perfect.

I found I practice most of what is covered but did learn more of how to approach clients with care givers that differ from their birth plan ideas and goals. Love Kim!

Excellent presentation style. This topic is very relevant to my doula business. One big take away was the statement “We can't control mother nature, but we can control our reactions to it”.

Very great style; very engaging. Very respectful of questions and validating our responses and accepting of our input.