

## 1

**Issue:** You want to wear your own clothes in labor.

**Background:** You just arrived at the hospital in active labor. Your nurse is readying your room, laying out the fetal monitor belts, blood pressure cuff and wants you to put on a hospital gown.

## 2

**Issue:** Your health care provider recommends artificial rupture of membranes. You don't feel you have enough information to make an informed decision.

**Background:** You arrived at the hospital dilated to 4 cms. That was two hours ago. You haven't made any progress since.

## 3

**Issue:** Your health care provider recommends inducing labor. You are wondering about the benefits & trade-offs of induction vs waiting for labor to begin on its own.

**Background:** Your water broke at home at 6am. You called your care provider and she said to go to the hospital. You are now at the hospital. It's 8:00am. The litmus paper confirmed that your membranes did rupture. Baby is looked great on the fetal monitor. You are only having mild cramps every 15 minutes or so.