

# Great Starts Evaluation: Mother

Instructor: Kim James Class Date(s) \_\_\_\_\_ Location Rainier Ave Classroom

Overall satisfaction with this class. (on a scale of 0 – 10)	Not satisfied	—————▶	Very satisfied							
	0	1	2	3	4	5	6	7	8	9

## Was your childbirth instructor....

	Not at all	Not really	OK	Yes	Definitely!
Knowledgeable					
Well-prepared/organized					
Relatable/ understood your needs					
Friendly / caring					

**Your experience with this instructor:** Please comment on the instructor's style. What was her impact on your learning?

## Was the information presented in class...

	Not at all	Not really	OK	Yes	Definitely!
Interesting and Informative					
Easy to understand					
Accurate / Up-to-date					
Reassuring / confidence building					

## What were the most helpful parts of class? (check up to 5)

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> How Normal Birth Works                  | <input type="checkbox"/> Pain Medication                            | <input type="checkbox"/> Breastfeeding                 |
| <input type="checkbox"/> DVD Lending Library                     | <input type="checkbox"/> Medical Interventions                      | <input type="checkbox"/> Newborn Care                  |
| <input type="checkbox"/> Hands-On Practice of Skills             | <input type="checkbox"/> Class Discussion / Q&A                     | <input type="checkbox"/> In-class Videos / Visual Aids |
| <input type="checkbox"/> Informed Consent Role Plays             | <input type="checkbox"/> Mid-Class Emails                           |  |
| <input type="checkbox"/> Comfort Techniques for Coping with Pain | <input type="checkbox"/> How to confidently talk to care providers. |  |

**Your experience of this class:** What do you wish there were more of? What do you wish there were less of? How can we make the class better?

**Bias and fairness.** Did your instructor consistently demonstrate her understanding of when medical interventions and pain medications were useful? Did she remain objective when discussing medical interventions and pain medications?  
 YES: \_\_\_\_\_ NO: \_\_\_\_\_ Please comment:

Your Name (Optional) \_\_\_\_\_

**Questions for Pregnant Moms-to-Be** (Rate from 0 to 10. 0 = Not at all. 10 = Yes, definitely!)

<p><b>1. I feel confident about my ability to give birth.</b>            Before coming to class .....            After coming to class.....</p>	<p>Not at all <math>\xrightarrow{\hspace{10em}}</math> Yes!            0 1 2 3 4 5 6 7 8 9 10            0 1 2 3 4 5 6 7 8 9 10</p>
<p><b>2. I know relaxation / coping skills that will help me with labor, and with stressful times as a parent.</b>            Before coming to class .....            After coming to class.....</p>	<p>Not at all <math>\xrightarrow{\hspace{10em}}</math> Yes!            0 1 2 3 4 5 6 7 8 9 10            0 1 2 3 4 5 6 7 8 9 10</p>
<p><b>3. I know about my options for birth and parenting, and feel empowered to make informed choices.</b>            Before coming to class .....            After coming to class.....</p>	<p>Not at all <math>\xrightarrow{\hspace{10em}}</math> Yes!            0 1 2 3 4 5 6 7 8 9 10            0 1 2 3 4 5 6 7 8 9 10</p>
<p><b>4. I know what newborns are capable of/how they behave</b>            Before coming to class .....            After coming to class.....</p>	<p>Not at all <math>\xrightarrow{\hspace{10em}}</math> Yes!            0 1 2 3 4 5 6 7 8 9 10            0 1 2 3 4 5 6 7 8 9 10</p>
<p><b>5. I know how to respond to baby's physical &amp; emotional needs</b>            Before coming to class .....            After coming to class.....</p>	<p>Not at all <math>\xrightarrow{\hspace{10em}}</math> Yes!            0 1 2 3 4 5 6 7 8 9 10            0 1 2 3 4 5 6 7 8 9 10</p>
<p><b>6. I feel connected to other parents / expectant parents.</b>            Before coming to class .....            After coming to class.....</p>	<p>Not at all <math>\xrightarrow{\hspace{10em}}</math> Yes!            0 1 2 3 4 5 6 7 8 9 10            0 1 2 3 4 5 6 7 8 9 10</p>
<p><b>7. I know about community resources I can turn to for assistance and advice.</b>            Before coming to class .....            After coming to class.....</p>	<p>Not at all <math>\xrightarrow{\hspace{10em}}</math> Yes!            0 1 2 3 4 5 6 7 8 9 10            0 1 2 3 4 5 6 7 8 9 10</p>

# Lamaze Series Evaluation: Partner/Father

Instructor: Kim James Class Date(s) \_\_\_\_\_ Location Rainier Ave Classroom

<b>Overall satisfaction with this class.</b> (on a scale of 0 – 10)	Not satisfied	—————▶	Very satisfied							
	0	1	2	3	4	5	6	7	8	9

## Was your childbirth instructor....

	Not at all	Not really	OK	Yes	Definitely!
Knowledgeable					
Well-prepared/organized					
Relatable/ understood your needs					
Friendly / caring					

**Your experience with this instructor:** Please comment on the instructor’s style. What was her impact on your learning?

## Was the information presented in class...

	Not at all	Not really	OK	Yes	Definitely!
Interesting and Informative					
Easy to understand					
Accurate / Up-to-date					
Reassuring / confidence building					

## What were the most helpful parts of class? (check up to 5)

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> How Normal Birth Works                  | <input type="checkbox"/> Pain Medication                           | <input type="checkbox"/> Breastfeeding                 |
| <input type="checkbox"/> DVD Lending Library                     | <input type="checkbox"/> Medical Interventions                     | <input type="checkbox"/> Newborn Care                  |
| <input type="checkbox"/> Hands-On Practice of Skills             | <input type="checkbox"/> Class Discussion / Q&A                    | <input type="checkbox"/> In-class Videos / Visual Aids |
| <input type="checkbox"/> Informed Consent Role Plays             | <input type="checkbox"/> Mid-Class Emails                          |  |
| <input type="checkbox"/> Comfort Techniques for Coping with Pain | <input type="checkbox"/> How to confidently talk to care providers |  |

**Your experience of this class:** What do you wish there were more of? What do you wish there were less of? How can we make the class better?

**Bias and fairness.** Did your instructor consistently demonstrate her understanding of when medical interventions and pain medications were useful? Did she remain objective when discussing medical interventions and pain medications?  
 YES: \_\_\_\_\_ NO: \_\_\_\_\_ Please comment:

Your Name (Optional) \_\_\_\_\_

## Questions for Support People (Dads-to-Be, Other Family / Friends)

<p><b>1. I feel confident about my ability to support my partner during labor and birth</b></p> <p>Before coming to class .....</p> <p>After coming to class.....</p>	<p>Not at all <math>\longrightarrow</math> Yes!</p> <p>0 1 2 3 4 5 6 7 8 9 10</p> <p>0 1 2 3 4 5 6 7 8 9 10</p>
<p><b>2. I know relaxation / coping skills that will help during labor, and during stressful times as a parent.</b></p> <p>Before coming to class .....</p> <p>After coming to class.....</p>	<p>Not at all <math>\longrightarrow</math> Yes!</p> <p>0 1 2 3 4 5 6 7 8 9 10</p> <p>0 1 2 3 4 5 6 7 8 9 10</p>
<p><b>3. I know about our options for birth and parenting, and feel empowered to make informed choices.</b></p> <p>Before coming to class .....</p> <p>After coming to class.....</p>	<p>Not at all <math>\longrightarrow</math> Yes!</p> <p>0 1 2 3 4 5 6 7 8 9 10</p> <p>0 1 2 3 4 5 6 7 8 9 10</p>
<p><b>4. I know what newborns are capable of/how they behave</b></p> <p>Before coming to class .....</p> <p>After coming to class.....</p>	<p>Not at all <math>\longrightarrow</math> Yes!</p> <p>0 1 2 3 4 5 6 7 8 9 10</p> <p>0 1 2 3 4 5 6 7 8 9 10</p>
<p><b>5. I know how to respond to baby's physical &amp; emotional needs</b></p> <p>Before coming to class .....</p> <p>After coming to class.....</p>	<p>Not at all <math>\longrightarrow</math> Yes!</p> <p>0 1 2 3 4 5 6 7 8 9 10</p> <p>0 1 2 3 4 5 6 7 8 9 10</p>
<p><b>6. I feel connected to other parents / expectant parents.</b></p> <p>Before coming to class .....</p> <p>After coming to class.....</p>	<p>Not at all <math>\longrightarrow</math> Yes!</p> <p>0 1 2 3 4 5 6 7 8 9 10</p> <p>0 1 2 3 4 5 6 7 8 9 10</p>
<p><b>7. I know about community resources I can turn to for assistance and advice.</b></p> <p>Before coming to class .....</p> <p>After coming to class.....</p>	<p>Not at all <math>\longrightarrow</math> Yes!</p> <p>0 1 2 3 4 5 6 7 8 9 10</p> <p>0 1 2 3 4 5 6 7 8 9 10</p>