EVALUATION: Helping Your Client Create Realistic Expectations DONA # 256

2011 Inland Northwest Doula Network Birth Professionals Conference
Presenter: Kim James, CD(DONA), CD(PALS), ICCE, LCCE, BDT(DONA) Presentation Date: November 5, 2011

Overall satisfaction with this presentation 8.9	Not satisfied ⟶ Very satisfied 0 1 2 3 4 5 6 7 8 9 10

Your experience of this presentation: What do you wish there were more of? What do you wish there were less of? How can we make the presentation better fit your needs?

Learning Objectives (Rate from 0 to 10. 0 = Not at all. 10 = Yes, definitely!)

1. I understand the relationship between happiness and realistic expectations.

Not at all ⟶ Yes!

Before presentation …………………………**6.3**   0 1 2 3 4 5 6 7 8 9 10

After presentation…………………………… …**9**   0 1 2 3 4 5 6 7 8 9 10

Comments: **43% increase**

2. I understand the benefits of helping clients' create realistic expectations

Not at all ⟶ Yes!

Before presentation ……………………………**6.7**   0 1 2 3 4 5 6 7 8 9 10

After presentation……………………….………**9.2**   0 1 2 3 4 5 6 7 8 9 10

Comments: **37% increase**

3. I understand the resources available for helping clients fill in knowledge gaps.

Not at all ⟶ Yes!

Before presentation ……………………………**6**   0 1 2 3 4 5 6 7 8 9 10

After presentation……………………….………**8.1**   0 1 2 3 4 5 6 7 8 9 10

Comments: **35% increase**

4. I can describe cognitive dissonance

Not at all ⟶ Yes!

Before presentation ……………………………**4**   0 1 2 3 4 5 6 7 8 9 10

After presentation……………………………..**7.7**   0 1 2 3 4 5 6 7 8 9 10

Comments: **93% increase**

5. I understand the factors that lead to long-term, satisfied childbirth memories

Not at all ――――――→ Yes!

Before presentation …………………………**6.6**   0 1 2 3 4 5 6 7 8 9 10

After presentation……………………. …**8.6**   0 1 2 3 4 5 6 7 8 9 10

Comments: **30% increase**

What teaching methods increased your learning and understanding the most?

☐ Learning Task #1: Identifying client expectations	**6**	☐ Video scenes	**10**
☐ Learning Task #2: Identifying the benefits of realistic expectations	**9**	☐ Story telling	**9**
☐ Learning Task #3: Identifying my deliverables	**9**	☐ Question & answer	**8**
☐ Learning Task #4: Identifying my health locus of control & self-efficacy	**10**	☐ Large group discussions	**5**
☐ Case study & role play	**1**	☐ Small group discussions	**4**
☐ Lamaze Healthy Care Practices (Songs)	**0**	☐ Lecture	**5**

Was your presenter ….

	Not at all	Not really	OK	Yes	Definitely!
Knowledgeable ?					**17**
Well-prepared/organized ?				**2**	**15**
Relatable/ understood your needs ?		**1**		**3**	**13**
Clear & understandable?			**1**	**2**	**14**

Your experience with this presenter: Please comment on the presenter's style. What was her impact on your learning?